

## Star 6", 8" ,HD Adjustable Rollator

Product Code: V4260-FX, V4261-FX, V4264-FX

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User Manual

# Thank You!

Thank you for purchasing Peak-Care Star Adjustable Rollator. The Walking aid is suitable for a single user with limited mobility. The Star Rollators are ideal for indoor and outdoor use.

Kindly take time to go through this manual which gives you details about your Star Rollator. Kindly keep this booklet handy and use it as and when required.

Star Rollators are warranted to be free of defects in material and workmanship for twelve months from the date of purchase. This device was built to exacting standards and carefully inspected prior to packing and shipping. This warranty is an expression of our confidence in the materials, our workmanship and an assurance of the same to our customers.

In the event of a defect covered by this warranty, we will at our option supply parts or replace the unit. This warranty does not cover device failure due to owner's misuse or negligence or normal wear and tear. This warranty does not extend to nondurable components such as rubber accessories, castors and grips, which are subject to normal wear and need periodic replacement.

If you have any queries, please contact the distributor

Please read this User Manual carefully before using the Mack Rollator.



## Safety Warning Instructions

- DO NOT exceed weight capacity.
- DO NOT use as a wheelchair or to transport someone.
- DO NOT self-propel or scoot around while seated.
- Care should be taken to ensure that all detachable legs, castors, or any other moving objects are in good working order before operation.
- Periodically check handle and leg push buttons to make sure they are secure.
- Periodically check push buttons on backrest to make sure they are engaged.
- Always contact your physician or therapist before using to determine proper adjustment and usage.
- Brakes must be in locked position before using the seat. Do not attempt to push yourself or ambulate in any way.
- Both feet should rest flat on the ground when sitting.
- DO NOT push back on the backrest or extend your body over the backrest. It is not designed to support the entire weight of the user. Backrest must always be attached when rollator is in use.
- DO NOT use on stairs, escalators, moving sidewalks, or any uneven surfaces.
- DO NOT attempt to reach for items while seated on the rollator. This motion may cause a change in weight distribution and cause the rollator to tip or become unstable.
- The rollator bag/basket has a weight capacity of 10 lb. Items should not hang over the top or front of the basket.
- Make sure rollator frame is fully opened before use.
- DO NOT sit on the rollator on an incline.
- DO NOT support your full body weight on the handles when attempting to sit down.
- DO NOT remove warning sticker.

**FAILURE TO FOLLOW THESE INSTRUCTIONS CAN LEAD TO SERIOUS INJURY OR RESULT IN DEATH. MISUSE OF THE WALKER MAY VOID WARRANTY.**

## What's included

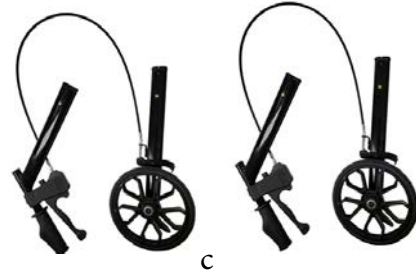
(a) Walker frame with bag & seat and backrest



(b) Front wheel assemblies



(c) Rear wheel assemblies with handle brake assemblies



## Assembly Instructions

Carefully remove the rollator frame and components from the box, and remove all protective pieces. Examine all parts for damage from shipping. DO NOT use rollator until all parts are received.

1. Unfold the rollator by pulling the front and rear frame apart, and place on a flat surface (image 1). Lift the seat and push downward on the folding mechanism handle so the side folding hinges are fully extended. Rest the handle where the seat attaches.



image 1

2. Insert the backrest into the plastic backrest hinges (image 2) by pressing push buttons inward and sliding the backrest completely into the hinge until the buttons engage into the holes. Pull on the backrest to make sure it is secure.



image 2

3. Turn the rollator so that it rests on its rear side. NOVA logo on bag will face upwards (image 3).



image 3

4. Insert the front wheel assemblies into the frame until the push buttons click and are fully engaged (image 4).



image 4

5. Turn rollator over so that it rests on its front side (image 5).



image 5

6. Insert the rear leg assembly marked (R) into the right frame slot until the push button clicks and is fully engaged. Wheel should face outwards. (image 6). Repeat for the left (L) side.



image 6

7. Rest the rollator on all four wheels, and ensure that all wheels are flat and the seat is level (image 7).



image 7

8. Insert the handle brake assemblies into the frame, ensuring that the cables are on the outside of the frame (image 8).



image 8

9. Adjust leg heights and handle heights to the appropriate level by pressing the push buttons (image 9) and sliding the components up or down until the desired height is reached.



image 9

**NOTE: Ensure all push buttons are fully engaged before using. All legs must be the same height, and both handles must**

## How to use your rollator

### How to open

1. Hold the rollator upright and rest it on the rear wheels.
2. Hold both handles and squeeze the handbrakes.
3. Push down and forward on both handles until all four wheels are touching the ground.
4. Push down on the bottom of the bag until the folding crossbar is fully engaged.

### How to fold

1. Swivel the padded seat up and gently pull up on the folding strap until the rollator is in the folded position.

#### Determining the correct handle height

Stand upright behind the rollator with your arms hanging at your side and both feet in line with the rear wheels. Adjust the height of the handles so that they are even with your wrists. This should create a 20 to 30 degree bend in the elbow when using the rollator (image 10).



image 10

### How to walk with a rollator (image 11)

1. Hold the handles with your fingers resting around the handbrake in the squeezing position. This position will allow you to quickly stop the rollator or control your speed if necessary by squeezing the handbrake.
2. Roll your rollator slowly forward so that the rear wheels are a few inches ahead of your body.
3. Step forward and place one foot in line with the rear wheels.
4. Maintaining a steady roll forward, place your other foot in line with the rear wheels.
5. Determine a pace that is comfortable and allows you to place each step in line with the rear wheels.

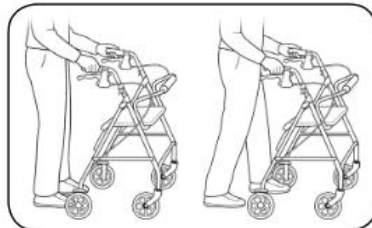


image 11

### How to sit with a rollator

1. Lock the brakes by pushing down on the brake handles until it locks in the downward position.
2. Test the rollator before sitting down to make sure that it will not roll.
3. Use the handles to stabilize your body as you turn around.
4. Before sitting, touch the back of your legs to the edge of the seat to ensure proper positioning of the rollator.
5. Holding the handles, slowly lower your body onto the seat.

### To Prevent Tipping Over when Sitting

Distribute weight evenly on the seat. DO NOT lean on one side of the rollator.

Both feet should rest flat on the ground.

DO NOT support your full body weight on the handles when attempting to sit down.

### How to use handbrakes

#### Walkers with locking handbrakes

##### To use:

1. Squeeze handbrake to stop the rollator or control your walking speed.

##### To lock/unlock:

1. Push down on the brake handles (image 14).
2. The handles will lock into a downward position when properly engaged.
3. Pull up on brake handles to unlock.

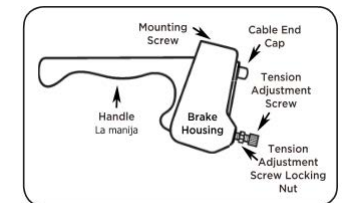


image 14

### Warning

Walker must be in a stationary position, on a level surface with the brakes locked when sitting or attempting to sit. DO NOT scoot around or navigate the rollator when in the seated position. Risk of serious damage to the rollator and serious injury or death may result if brakes are not in the locked position.

### Maintenance

Check your rollator periodically to make sure that the brakes are working correctly and that all of the nuts and bolts are secure. DO NOT use the rollator if the brakes are not working correctly.